## **Crisis Intervention Guidelines**

**Comprehensive Survivor Support Framework**

**1. Crisis Definition**

* Acute traumatic experiences
* Immediate safety threats
* Psychological distress
* Life-disrupting events

**2. Initial Response Protocol**

2.1 Immediate Assessment

* Survivor safety evaluation
* Psychological state assessment
* Immediate risk identification
* Medical emergency screening

2.2 Triage Procedures

* Prioritize life-threatening situations
* Comprehensive initial screening
* Rapid intervention strategy
* Multidisciplinary approach

**3. Survivor Engagement**

3.1 Communication Principles

* Trauma-informed communication
* Empathetic listening
* Respect for autonomy
* Non-judgmental approach

3.2 Consent Management

* Voluntary participation
* Informed decision-making
* Continuous consent process
* Respect for personal boundaries

**4. Psychological First Aid**

4.1 Stabilization Techniques

* Emotional regulation
* Grounding exercises
* Safety establishment
* Stress reduction strategies

4.2 Immediate Support

* Crisis counseling
* Emotional validation
* Coping mechanism development
* Immediate safety planning

**5. Medical Intervention**

5.1 Health Assessment

* Comprehensive medical screening
* Injury documentation
* Sexual assault examination
* Confidential health reporting

5.2 Medical Referral

* Hospital coordination
* Evidence preservation
* Forensic documentation
* Continuous medical support

**6. Legal Support**

6.1 Legal Rights

* Information on legal options
* Protection order assistance
* Evidence documentation
* Legal representation referral

6.2 Reporting Mechanisms

* Law enforcement coordination
* Survivor-centered reporting
* Confidentiality protection
* Ongoing legal support

**7. Safety Planning**

7.1 Risk Assessment

* Comprehensive threat evaluation
* Personal safety strategy
* Relocation considerations
* Long-term protection planning

7.2 Protection Strategies

* Emergency contact network
* Safe accommodation
* Legal protection mechanisms
* Support system development

**8. Psychological Rehabilitation**

8.1 Counseling Services

* Trauma-focused therapy
* Individual counseling
* Group support mechanisms
* Long-term healing strategies

8.2 Mental Health Support

* Professional psychological assessment
* Ongoing therapeutic intervention
* Stress management techniques
* Resilience building

**9. Community Reintegration**

9.1 Support Networks

* Family counseling
* Community support programs
* Economic empowerment
* Social rehabilitation

9.2 Skill Development

* Economic independence training
* Educational support
* Professional skills development
* Psychological empowerment

**10. Documentation and Follow-up**

10.1 Case Management

* Comprehensive documentation
* Confidential record-keeping
* Progress tracking
* Continuous support evaluation

10.2 Long-term Support

* Regular check-ins
* Adaptive intervention strategies
* Continuous needs assessment
* Holistic recovery approach

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